# PRESCOTA COUNTRY CLUB Mentally magazine









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### **POA OFFICE**

#### **Ping Pong**

Sundays 1:00-2:30pm Mary 775-4727

#### Sew What?

Third Monday each month Mary 632-9163

#### Cribbage

1st & 3rd Mon 2:00-5:00pm Carol 928-713-1799 Grace 772-1533

#### **Exercise**

Tues & Thurs 9:30-10:30am Susan 772-4425

### **American Sewing Guild**

2nd Mon 9:00 am-3:00pm Dawn 772-3789

#### **Bridge**

Every Friday at noon Marcia 775-6674

#### Yoga

M-W-F 7:15-8:30 a.m. Carol 928-759-7069

### **NEWS FROM THE OFFICE**

### **REMINDER: 2019 DUES**

The 2019 dues in the amount of \$48 are now due and payable. If you have not paid them yet, please bring a check or cash to the office. A \$15 late fee will be applied to accounts that have not paid in a couple of days. If you are unsure of the status of your account, call me.

Liens will be filed against properties that are in arrears for the past three years (2018, 2017, and 2016) in mid-February. If you would like to make payment arrangements to pay past dues owed the POA and prevent a lien from being placed on your property, please call me.

Thank you

Marge Huffman, Office Manager

PCC News is always looking for fresh and interesting local articles for our publication. Share your expertise in hobbies, gardening, DIY projects, or local history. Contact Jan at 772-0849 or email pccnews@pccnewsmonthly.com. Articles run on a space available basis.

PCC News monthly is not responsible for unsolicited manuscripts. The information contained in this publication is received from sources that are considered to be reliable. PCC News is not responsible for any errors or schedule changes. Views, opinions or suggestions contained herein are not necessarily the opinion of the publishers. Deadline for submissions for the next issue is the 15th. For ads, articles, photos and information, call 772-0849, email: pccnews@pccnewsmonthly.com

Publisher: Jeanette (Jan) Dowling, 11028 E. Lariat Lane, Dewey, Arizona 86327 www.PCCNewsMonthly.com

### **Local Events & Activities**

**PLAY BUNCO!** When was the last time \$5.00 got you a fun night out with the girls? Join the Bunco Babes in 2018! Every 4th Wed. of the month at the POA Building from 7:00 to 8:30 P.M. It's a great way to get to know your neighbors & make new friends! Only \$5.00 to play. Please bring a treat to share. The more the merrier! Call Carol at 759-7069.

**IONS** meets at the PCC POA Office meeting room on Tues., February 26 from 6 to 7:30 pm. This month's subject is the Bliss Conscious Communication with Happy Oasis. We welcome all to join us for discussion on intriguing topics which expand our understanding of the world in which we live. No charge. All are welcome.

### An Open Invitation to Mt. View Baptist Church

An open letter/invitation to former members of New Life Baptist Church and Faith United Church to join us any Sunday for services. And for anyone that does not have a home church, come join us. Sunday School at 10:00 AM and Church Service at 11:00 AM. We are a friendly local church located at 395 Pony Place in Dewey, AZ. Call Pastor Ron at 928-759-9938 for information or directions.

#### **COME ONE! COME ALL!**

Join us for the Bob Mariano Memorial Golf Classic benefitting the Marley House Endowment Fund. Fun scramble format. No handicap required. Four person teams, great prizes and sponsorships are available.

Save the date – Tuesday, April 16th at Capital Canyon Club Go to: www.good-same.com/marleygolf for details and to enter. Or call Gretchen at 928-460-9678.

### **Yoga Classes Offered at No Charge**

Come join us for Yoga at The POA Building M-W-F from 7:15am - 8:30am. Get in Shape-Then Stay in Shape! There is No Fee for Our Classes! Carol 928-759-7069

Dewey Humboldt Historical Society presents

### Cowboy Poetry and Campfire Music

**February 16, 2019** 

6:30 to 9:00 p.m.

### at Little Dealer Little Prices 2757 N. Truwood Dr., Prescott Valley

Enjoy the western experience through poetry and music by Don Fernwalt, Gail Steiger, Amy Hale-Auker, Joe Konkel

& Friends and Bob Wood. You will also hear the Western Poetry winners from Hmboldt Elementary School.

Tickets: \$15, 12 and under Free

Purchase tickets at Gifts and Games in Humboldt, by check to DHHS, P.S. Box 85, Humboldt, AZ 86329 or at the door. All proceeds go to DHHS for the Outdoor Museum.

For more info call 928-499-9972 or at our website: www.deweyhumboldthistoricalsociety.org

### EVENTS AT THE PV LIBRARY – 7401 SKOOG BLVD, PV

#### AZ SPEAKS - HOPI QUILTING TRADITIONS

For centuries, Hopi men grew cotton and wove the fibers into blankets and clothing. In the 1880s, with the arrival of Anglo missionaries and government officials, quilting was introduced to the Hopi people and it quickly became integrated into Hopi culture and ceremony with quilts being used in every Hopi household. Hopis today are 4th and 5th generation quilt makers and as the artistic traditions of two cultures are blended, it is not uncommon to see a quilt with a traditional Anglo pattern and an ancient Hopi image, such as a kachina or a clan motif. This presentation includes a trunk show of Hopi quilts.

Carolyn O'Bagy Davis, a fourth-generation descendant of Utah pioneers, is the author of 14 books on archaeology, quilting and the history of the Southwest. Her book Hopi Summer was selected for OneBook Arizona for 2011 and Desert Trader was named one of the Best Books of the Southwest in 2012. She was founding president of the Tucson Quilters Guild and Old Pueblo Archaeology Center and is an inducted member of the Society of Women Geographers and the Arizona Quilters Hall of Fame. Davis has appeared on HGTV, PBS, and Lifetime television programs and has curated many traveling museum exhibits.

This is a free event. Ouestions - Please Call 928-759-3040 Thursday – February 14, 2019, 6:00 pm – 7:00 pm, Crystal Room

#### KNITS AND KNOTS!

Join us for informal group of folks who enjoy the art of crochet, knitting, and any other portable needle craft. If someone needs help reading a pattern or figuring out a new stitch, there is always someone who can lend a hand. Besides sharing knowledge and expertise, this group shares patterns as well. Friendly and helpful—newcomers are always welcome! No registration required. Call 928-759-3040 for more information. Every 3rd Wednesday, 5:30-6:45pm, Glassford Hill Room

#### LEGAL SERIES - Wills, Trusts, Powers of Attorney, & Alternatives

Do you have a will? What is a Power of Attorney? Is there an alternative to these documents? What are the pro and cons of each? Join us for advice and information. This program will be presented by Joseph Waesche, a local attorney. This event will be held Thursday, February 28, 2019 from 4 pm to 5 pm in the PC Lab. Space is limited. This is a free event and registration is required. Register at pvlib.net>Attend>Classes.

#### LET'S START WRITING - "Elements of a Myth"

Prescott Valley Public Library is offering two sessions on "Elements of a Myth". This class will be held on Tuesdays -February 5th & 12th, from 10:00 am - 11:00 am. What is a myth? It is a traditional story, usually concerning the early history of a people or explaining some natural or social phenomenon, and typically involving supernatural beings or events. Let's creatively write a short myth.

Registration required. Please sign up at pvlib.net>Attend>Classes. Classes are held in the PC Lab. For more information call 928-759-3040.

Tuesdays, 10:00 am - 11:00 am, PC Lab

### CITIZENSHIP CLASSES

Beginning in February, PV Liberary will host free civics classes for those applying for U.S. citizenship. Starting on February 2nd the class will meet every Saturday from 9:30-11:00 AM in the library's 2nd floor PC Lab. Classes will end in 10 weeks on April 6th. Registration is required. To register go to pvlib.net>attend>classes>civics. For more information, contact Jim Black at 928-759-6190.

This LSTA project is supported by the Arizona State Library, Archives & Public Records, a division of the Secretary of State, with federal funds from the Institute of Museum and Library Services.



#### **YOGA NIDRA Series**

Yoga Nidra is a meditation practice, where individuals who previously have had trouble getting their mind to slow down, find this practice extremely beneficial. It has all of the benefits of meditation, plus it is a strong healing modality. Yoga Nidra gets the mind to slow, so that your body can heal itself. This class will be offered the 1st Thursdays of every month from 12:00 pm – 1:00 pm, February Meeting will be held in the Children's Room, and then all following classes will be held in the Crystal Room.

1st Thursday of Every Month @ 12:00 pm - 1:00 pm

February Location - Children's Rm; All Following Locations - Crystal Rm Free Event. No registration required. More info call 928-759-3040

#### PV Library & TransAmerican Seminar Series - ESTATE PLANNING

Friday, February 8, 2019 from 2:00 pm to 3:30 pm at Prescott Valley Public Library. This program provides a starting-point for an important conversation.

- · Discuss how participants should protect the financial assets they have spent a lifetime building
- Identifies five elements in estate planning
- Offers guides for getting organized and next steps

Registration is required at pvlib.net, Attend, Classes.

Friday, February 8, 2019, 2:00 pm to 3:30 pm, Glassford Hill Room

More information - 928.759.3040

#### 2019 QUILTS OF VALOR FOUNDATION NATIONAL SEW DAY

The Prescott Valley Public Library and AZ Freedom Quilters Chapter #546 will be hosting the 2019 Quilts of Valor Foundation National Sew Day. This event supports the local chapter of Quilts of Valor. This group makes quilts and presents them to veterans all over Northern Arizona. The AZ Freedom Quilters will provide the 2019 QOV pattern, fabric, limited cutting mats & other sewing tools. Please bring your machine and if you want, red, white & blue fabrics, thread, pins, etc.

Information about the Quilts of Valor Foundation go to www.govf.org/.

Please RSVP to 928-759-6193 or azfreedomquiltsprescott@gmail.com.

Saturday, February 2, 2019, 10am-2pm, Crystal Room

#### VA WORKSHOP SERIES - VETERANS TOWN HALL MEETING

Tuesday, February 12, 2019, 5:00 pm - 6:30 pm in the Glassford Hill Room. There will be an additional ½ hour after the presentation for questions. Informational tables, subject matter expects and VA Leadership will be in attendance to answer questions about services available at the VA.

'Town Hall Meetings' are designed to allow feedback from Veterans, family members and other stakeholders. Caring for Veterans is a calling, and the VA's first commitment is to provide Veterans, and their families, the timely quality care and benefits they have earned and deserve. We seek continual improvement and it is critical that we continue to listen and learn directly from those who use our serves.

No registration is required. If you have any questions please call 928-759-3040 Tuesday, February 12, 2019, 5:00 pm - 6:30 pm, Glassford Hill Room

#### COLORING FOR ADULTS

Come and enjoy a relaxing time coloring with other adults. No rules, just fun! You can bring in your favorite coloring book and materials or choose from a variety of coloring pages and materials that we have to explore the simple pleasures of coloring. Some basic instruction for ideas and techniques to spice up your coloring are available. Remember there is no right or wrong way to color, just have fun! No registration required. Call 928-759-3040 for more information.

Every 2nd Thursday, 5-6:45pm, Glassford Hill Room



### **PCC POA BOARD MEETING MINUTES**

### **Prescott Country Club Property Owners Association Board of Directors Meeting** January 15, 2019 wwwpccpoa.com

The following Minutes will be approved subject to corrections at the next Board Meeting.

#### **NEXT MEETINGS/EVENTS:**

Office Closed: February 18 for President's Day Next Board of Directors Meeting: February 19 Community Garage Sale: May 4 & 5 Next General Membership Meeting: May 14

#### DATE & TIME:

Pursuant to Section 7.0 of the POA Bylaws, a Regular Board of Directors Meeting was held on January 15, 2019 at 6:00 PM at the Property Owners Association Activity Center.

#### OFFICERS AND QUORUM:

The President, Bob Heise, opened the meeting at 6:00 PM and the Secretary, Brian Biggs, took Minutes. The following additional Board Members were present: Al Zielinski, Gracelyn Palmer, Don McGlamery, Donna Chisum, Jennifer Lynch, and Bill Fleming (elected during the meeting).

#### **MINUTES:**

Brian Biggs made a motion to accept the December 5, 2018 and January 7, 2019 minutes without reading. The motion was seconded by Jennifer Lynch and passed unanimously.

#### TREASURER'S REPORT:

Don McGlamery reported on the 2018 end of year numbers. He indicated that PCC is in excellent financial shape. PCC still has about \$40K of unallocated funds in addition to adequate reserves.

#### **OFFICE MANAGER'S REPORT:**

Don McGlamery noted that Marge has been working on all of the beginning of the year tasks and that everything is running smoothly.

#### **COMMITTEE REPORTS:**

Architectural: Gracelyn Palmer – 50 permits were granted in 2018 Budget & Finance: Donna Chisum – See financial items in new business.

Building & Grounds: Don McGlamery – The landscaper has been maintaining the common areas. The cost was a little less than anticipated.

CC&Rs Enforcement: Bill Fleming - No report.

Community Enhancement: Al Zielinski / Jennifer Lynch – Committee will be meeting on Friday with Don McGlamery and Balta to review the scope of work on site at the Front Entrance, Median, and Turquoise. .

**Community Relations:** Jennifer Lynch – No report. Events & Recreation: Jennifer Lynch - No report. Health & Safety: Al Zielinski - No report.

Nominating Committee: Gracelyn Palmer - No report. Office Supervisor: Don McGlamery - No report.

#### **UNFINISHED BUSINESS:**

None

#### **NEW BUSINESS:**

Supervisor Tom Thurman Regarding RADAR Signs: Supervisor Thurman addressed the membership and apologized that the RADAR Sign item was removed from the consent agenda and then tabled. He noted that Chairman Rowle Simmons was not at the meeting and that had he been in attendance, there would not have been any issue. Unfortunately, one of the other supervisors wanted to make an issue out of the item. In any case, the full Board will be meeting again on February 6. The item will be put back on the consent agenda and will likely pass without issue. Brian Biggs made a motion to authorize Al Zielinski to attend the February 6th Yavapai County Board of Supervisors meeting and to speak on behalf of the PCC Board if necessary to get the RADAR item passed. Supervisor Thurman noted that PCC is among the best subdivisions in terms of being proactive. He commended PCC for coming up with a solution to a problem, and for funding the solution without asking the County to pay for it. The minor amount of county labor required to replace batteries and move the RADAR sign is miniscule compared to the cost of buying and maintaining equipment for a dog park in another area of the county (which was championed by the supervisor who has issue with the RADAR sign). Supervisor Thurman said that PCC should be extremely proud of their efforts.

PV Utilities Director Neil Wadsworth Regarding Fire Hy-

drants: Director Wadsworth apologized for Fire Marshall Andy Smith who was unable to come due to an illness. Director Wadsworth noted that Fire Engines typically hold 1,000 gallons of water and 1,000 feet of hose. There are also fire tenders that hold about double that water. Fire Hydrants can only be put on water lines that are six inches or greater. The Fire Department routinely checks the hydrants for operation, and every five years or so, determines the gallons per minute that the hydrant can provide. Director Wadsworth presented to the membership a map of PCC showing the existing water lines, their sizes, the existing fire hydrants, and a suggestion of where another 12 or so fire hydrants could be added. Director Wadsworth noted that he would put in a budget request to add additional fire hydrants over the next couple of years. The cost estimate would be about \$120K. If approved by the PV Town Council, then an engineering study would need to be completed, and then each hydrant purchased and installed. Vacant Director Positions: Bob Heise noted that there were two vacant Director positions, both expiring at the end of 2019. Two members applied to fill the positions: William (Bill) Fleming, and Ken Jeffries. Bill Fleming has lived in PCC since December 2015 and is retired from the U.S. Air Force. Ken Jeffries has lived in PCC since August 2010 and has been a past Board President. Brian Biggs made a motion to appoint Bill Fleming to an open Director position. The motion was seconded by Donna Chisum and passed unanimously. Brian Biggs made a motion to appoint Ken Jeffries to an open Director position. The motion was seconded by Don McGlamery and passed unanimously.

Oath of Office: Bob Hiese led the Board in a recital of the Oath of Office. Each Board memher signed the Oath

**2019 Meeting Schedule:** Brian Biggs made a motion to accept the 2019 Meeting Schedule. The motion was seconded by Jennifer Lynch and passed unanimously.

**2019 Committee Appointments:** Brian Biggs made a motion to accept the 2019 Committee Appointments with the change of Bill Fleming as the chair of the CC&R Committee. The motion was seconded by Jennifer Lynch and passed unanimously.

2019 Check Signers: Brian Biggs made a motion to appoint Don McGlamery, Bob Heise, Donna Chisum, and Gracelyn Palmer as authorized check signers and to remove Mary Kloeppel and Ken Jeffries from the list. The motion was seconded by Jennifer Lynch and passed

Authorize Payment for Annual Insurance: Don McGlamery made a motion to authorize the payment of \$4,935 to House-Chilson & Associates for insurance. The motion was seconded by Jennifer Lynch and passed unanimously.

Authorize Schulte & Hilgendorf for Annual Review and 2018 Tax Return: Don

McGlamery made a motion hire and pay Schulte & Hilgendorf to perform the annual review and generate the 2018 Tax Return. The motion was seconded by Jennifer Lynch and passed

Approve \$2,000 Reserve Account Deposit for 2019: Don McGlamery made a motion to approve a \$2,000 addition to the Reserve Account for 2019. The motion was seconded by Gracelyn Palmer and passed unanimously.

Approve 2019 Budget: Don McGlamery made a motion to approve the 2019 Budget with the sole change of grouping the Community Enhancement and PCC Blvd Maintenance accounts under the Community Enhancement line item. This change will have no monetary effect, but will group similar maintenance costs under a single item. The motion was seconded by Bill Fleming and passed unanimously.

ADJOURNMENT

### **REVERSE MORTGAGE LUNCH & LEARN**



When: Thursday February 21, 2019

Where: Little Dealer Little Prices

2757 N Truwood Dr • Prescott Valley AZ 86314

RSVP: http://great.social/ReverseMortgageLL

February 21, 2019. Traci Ranic the Owner & Broker, will share with you everything you need to know about using your homes equity as a retirement asset. She will also share with you a little known secret about how to use the Reverse Mortgage to purchase your next home.





### **UPCOMING EVENTS**

Thurs, May 16, 2019 • Chino Valley area Thurs, Aug 15, 2019 • Prescott Valley area Thurs, Nov 21, 2019 • Prescott area

### PRESCOTT COUNTRY CLUB PROPERTY OWNERS ASSOCIATION

### BOARD OF DIRECTORS/GENERAL MEMBERSHIP MEETINGS SCHEDULE FOR YEAR 2019

PCC POA ACTIVITY ROOM 6:00 p.m

JANUARY 15	BOARD OF DIRECTORS
FEBRUARY 19	BOARD OF DIRECTORS
MARCH 19	BOARD OF DIRECTORS
APRIL 16	BOARD OF DIRECTORS
MAY 14	GENERAL MEMBERSHIP MEETING
MAY 14	BOARD OF DIRECTORS (Following Membership Meeting)
JUNE 18	BOARD OF DIRECTORS
JULY 16	BOARD OF DIRECTORS
AUGUST 20	BOARD OF DIRECTORS
SEPTEMBER 17	BOARD OF DIRECTORS
OCTOBER 2	GENERAL MEMBERSHIP (NOMINATIONS)
OCTOBER 2	BOARD OF DIRECTORS (Following Membership Meeting)
NOVEMBER 19	BOARD OF DIRECTORS
DECEMBER 4	GENERAL MEMBERSHIP (ELECTIONS)
DECEMBER 4	BOARD OF DIRECTORS (Following Membership Meeting)

### It's Always Time for Love



In this month of February, Valentine's Day causes us to pause and think about love. Either the love we are missing in our lives or the love that we have for that someone special in our lives. I propose that this month be the start of thinking and feeling about love in a new way. How about we connect into a greater love, love for humanity.

We are all human. If we could love each other the way we love our pets, our lives would be so much richer on so many levels. Why get stuck on feeling alone or depressed because that special person is not in our lives? There are so many people needing to be loved.

Our ability to love is amazing. Start looking around you. Who in your community, town, or world needs love? Maybe the elderly person that cannot get out and about would appreciate a visit with a kind conversation. The school systems have all kinds of volunteer programs for the kids at risk. Their hardships in life would indeed be lifted a bit from some extra attention based in love. There are Big Brothers and Big Sisters programs. A perfect way to show love to those who need a role model.



### **GET REIKI**

Start the New Year out right! Reiki can help you to:

- Reduce stress and anxiety
- Accelerate healing
- Decrease pain
- Create balance and well-being

If you are interested in learning Reiki, give me a call. Classes forming in PCC.

http://www.energytransformations.org or call Dawn at 480-751-9278 First session discount of \$15

Love helps us to heal. Love creates joy. Love lets us find peace within. Both the giver and the receiver benefit from the circle of love and trust that is created. This is what I want to spread in the world. How about you? Harness your capacity to love every day of the year and find ways to extend that love to others. Let love be in your smile, your words, and your touch. Sharing your love and appreciate for all can be a way of life every day and not reserved for one person one day of the year.

I Love You.

Dawn Fleming,

Reiki Master and Life Coach, reikidawn@yahoo.com



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### A Taste of Wine





With Valentine's Day around the corner you may be wondering what wines to pair with chocolate. Wine and chocolate have many similarities to each other. They are both considered aphrodisiacs and they both contain flavanols (antioxidants). Even though they have these striking similarities, it

is a bit challenging to pair them together. For instance, if you taste a delicious glass of dry red wine alongside a hunk of dark chocolate, the wine will start to taste bitter and sour. The taste imbalance is coming from the heightened levels of flavanols (different types of tannin) found in both chocolate and wine that end up clashing against each other on your tongue. Fortunately, there are several wines that make great pairings with chocolate and they are amazing! Here are a few wine and chocolate pairings – along with why they work - so you can experiment and create your own this Valentine's Day.

Milk Chocolate A good milk chocolate is usually about half chocolate and half cream – like those amazing ganache chocolate truffles dusted in cocoa powder. The extra fat from the cream makes milk chocolate one of the easiest "true" chocolates to pair with wine. Sweet red wines go best so look for a late-harvest Syrah or a Petite Sirah. Another option, if you

like a more spiced and berry driven pairing is to pair a red Port with milk chocolate. My favorite is McManis Petite Sirah with Hershey's Milk Chocolate.

<u>Dark Chocolate</u> The polyphenols in dark chocolate mirror those in wine and give both a somewhat bitter taste. They are also the part of the chocolate that gives you all the health benefits! The bitterness in dark chocolate is what needs to balance out with a properly selected wine pairing. Chianti, Old Vine Red Zinfandel, and Malbec wines all balance nicely with dark chocolate. 2016 Catena Malbec with Ghirardelli Dark Chocolate is a winner.

White Chocolate White chocolate is not technically a "true" chocolate because it does not contain cacao (the brown part with all the flavanols), but it ends up being one of the few chocolate-like sweets that will match with dry red wine! Consider pairing with Pinot Noir. It is a shockingly good pairing because the white chocolate acts as a fat and delivers sweet flavors of red cherries, strawberries, and raspberries found in the Pinot Noir. Beaujolais is another light-bodied red wine which may offer black currant and blueberry flavors that will go perfectly with the white chocolate. Estancia Pinot Noir 2017 with Godiva White Milk Chocolate is a delight.

Happy tasting!

- Nancy Biggs, Wine Aficionada

### We Sell Homes

We had another stellar year in 2018. We sold our 400<sup>th</sup> home! Have fun locating the street numbers from some of our sales. Give us a call and we can help you buy a new home or sell your current one!

5	3	2	1	1	2	0	5	7	0
4	5	1	1	0	1	8	6	8	6
4	9	6	2	8	1	0	4	4	8
0	1	1	5	5	0	2	2	1	9
8	0	5	7	7	5	0	1	7	5
5	3	7	0	1	1	5	1	7	6
2	1	9	4	7	5	2	8	9	0
3	5	3	2	6	5	3	4	1	1
8	2	6	7	4	8	4	3	5	1
1	7	1	0	4	9	3	8	4	5

1764	Mulberry
480	Mercado
353	La Paz
312	La Paz
10857	Manzanita
270	Newport
971	Fairway
11618	Appaloosa
10735	High Point
628	Robles
11855	Vigilante
11065	Manzanita
1190	Bronco
171	Rush
10246	Durham
4912	Stewart
10493	Brangus
12170	Stonehenge
4335	Cinnabar
2080	Meander





Nancy & Brian Biggs 928-273-7113 Homes@BiggsRealtors.com www.BiggsRealtors.com





### The Sky This Month



Welcome to our night-time sky. Please enjoy this month's tidbits of knowledge. We are lucky to live in a dark-sky area where the heavens can shine through. I hope you enjoy the sky and perhaps learn a thing or two. Happy star gazing!

What's My Latitude? – Here's a fun experiment for kids of all ages

(including you octogenarians). Go pilfer through your (grand)child's backpack and find a protractor. Then cut a piece of string and tie a small weight to it. Next, tape the other end of the string to the conversion point on the protractor (where all the lines come together). Now you are ready to find your latitude. Go outside (at night) and locate Polaris, the north star. If you do not know where to find it, locate the Big Dipper and follow the two stars that make up the end of the cup. Start at the bottom star of the cup and arc up past the top star of the cup. Follow the arc until you see a fairly bright star to the north, which is Polaris. If you were at the North Pole and looked straight up, you would see Polaris. At every other latitude south of the North Pole (until you reach the equator), Polaris will be lower and lower in the sky. Take your protractor and turn it so that straight edge is facing up and the string

is hanging down past the arc. Position the protractor so that the straight edge is lined up from your eye to Polaris. Now grab the string so that it cannot move and find the angle that it crosses on the arc. Subtract this angle from 90 degrees and that is your latitude. If you measured correctly, you should have come up with 34-35 degrees.

What is Up There? – If you have trouble figuring out where to look for the planets, there are lots of ways to do it. First, start by looking in the same line that the Sun and Moon travel. All of the planets orbit the Sun in roughly the same plane as the Earth, so they will all travel in roughly the same path through the sky – from East to West. If you are looking at an object near the Little Dipper, you can be sure that it is not a planet. Second, you can go online and look at (or print) a sky chart. I like to go to www. skymaponline.net to see what is in the sky. Just type in your location (e.g., Dewey, AZ) and the site will show you exactly what is overhead. You can also jump forward or backward by hours, days, or months to see how the sky will change. It is like having a planetarium at your fingertips! Third, you can use the easiest option, which is to install Google Sky on your smart phone. Then you just hold your phone up to the sky and all of the stars and planets show up labeled on your phone, wherever you point it!

—Brian Biggs, Amateur Astronomer

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### The Herbalist - Hawthorn for the Heart

Valentine's day is around the corner. While many of us celebrate with someone we love, not all of us have the benefit of sharing love with someone special. According to the Scripps institute, love is beneficial to our cardiovascular health and that people who have love in their life recover

more quickly after surgery. This "love" effect works with not only a spouse, but with family and friends who provide a feeling of love in your life. No surprise that the heart is the symbol for Valentine's day and love.

While love is grand, some of us like a little bit more assistance in keeping our blood pressure down, our arteries clear and having our heart pump more regularly. Hawthorn is that assistance.

Hawthorn is a very safe herb that helps to reduce blood pressure, symptoms of atherosclerosis and arrhythmia. It is also in the same family as the rose, another symbol of love.

Hawthorn is one of most extensively tested herbs and has been successfully been used as a remedy for centuries. Hawthorn is particularly effective for early stages of congestive heart disease and may help to prevent the need for stronger pharmaceuticals in the future. Hawthorn promotes increased oxygen to the area around the heart and can also help with symptoms of angina. Other benefits include being a diuretic, which can help reduce blood pressure, lowering blood sugar in type 2 diabetics, improve memory and help

reduce anxiety and insomnia.

Traditionally, Hawthorn has also been used to make jams, wines and flavored brandy. Any of those options sound like delicious ways to take my heart medicine.

On an emotional level, Hawthorn can help to ease the pain of a broken heart. Most of us know the pain we experience when we lose a loved one, even our pets. That heart heavy feeling of loss can be helped with regular doses of Hawthorn. We may still grieve our loss, but the heart will be lightened.

Now, since most of us do not have access to fresh Hawthorn (berries, leaves and bark are all helpful although the berry is the most flavorful), we can easily find supplements and syrups in

our local Sprouts of health food store. I am a fan of the syrup since it is delicious and absorbs more quickly into the system. For those already on medications it is best to confer with your doctor regarding the use of anything that may affect heart function. For those not on heart medication, regular, daily use may help keep the cardiologist at bay.

Keep love in your heart, share it with others and let others love you. This is how we stay young at heart.

- Sue Ehlbeck MC,

Clinical Herbalist at Ladyslipper Herbs sue.ehlbeck@gmail.com

#### Pointing You in the Right Direction 12150 E Turquoise Circle Drive, Dewey Az 86327 Site Built **Townhomes** Manufactured Condo's **Active listing** 0 0 0 Avg.\$Price/Sq.Ft 151 137 0 Avg. Days on Mrkt. 117 25 0 **Pending Sales** 1 1 0 Avg.\$Price/Sq.Ft 114 133 0 150 25 0 Avg. Days on Mrkt. 38 118 **Closed Sales** 0 11 Avg.\$Price/Sq.Ft 157 172 102 0 Shelly Watne Avg. Days on Mrkt. 88 30 30 0 928 848 0511 Shelly@shellywatne.com Associate Broker, Office Manager 26 Year, PCC Resident

### **Eyeglass First Impressions**

What do your eyeglasses say about you? Yes, eyeglasses are medical devices to help us see our best. but they are also fashion and personality statements.

When we observe someone we don't know, we tend to start making superficial judgments based on their appearance. Their eyewear contributes to our unconscious assessment.

Is this person fashion-conscious? Conservative? Flamboyant? A techie-geek? A nature lover? Things can get quite complex.

If your glasses are greasy and smudgy, are you a clean person?

May we suggest a Valentine's gift from one of our advertisers? For Her, a salon visit, a massage, house cleaning or window washing. For Him, fix a watch, get help with yard work or update the fixtures. Of course, there is always dinner together at one of our area restaurants. Don't forget your pet with grooming or toys!

Happy Valentine's Day from PCC News Monthly





Numerous studies back up that most people tend to view those who wear glasses as more intelligent and trustworthy. Job interviewees have been shown to be rated higher when wearing glasses.

But if their frames are obstructing their eyes in an overt way, that changes to distrust. If your hat shades your eyes or the tint in the lenses you wear indoors is too dark to get a good look in your eyes, that also tends to make others doubtful of your true intentions. Hence the term, 'shady character.'

When wearing glasses, most people tend to behave a little more cautiously because you don't want to break them or lose them and not be able to see! One is less likely to get in a fight or spontaneously jump in a lake when wearing glasses.

Many people today wear glasses even though they don't require a prescription, merely as a fashion statement, or as, 'glasses,' or for eye protection.

Whatever image you wish to portray, don't forget the message your eyewear sends. Multiple pairs of eyewear can give you freedom to express who you are both at work, in social situations and at play. Who says you only need one pair?



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### **Swimsuit Season Approaches!**

If that brings a shudder of dread to your heart you're not alone! Many of us have over indulged during the holidays and now have extra weight that we just can't seem to shed, or we have extra weight that we can't seem to drop. Maybe you have difficulty sticking to a diet because the mere thought of dieting makes you hungry! At Iridescence Regenerative Care we may have a solution that will work for you.

The HCG diet can be very helpful in shedding those stubborn pounds, and the best part is that you WON'T feel hungry! HCG is a natural hormone that targets fat rather than muscle during weight loss. It prevents hunger and sustains your energy while you're losing weight. The hormone is injected into the skin of the abdomen (where there are less nerves) into the fat every morning and allows you to follow the prescribed diet without feeling hungry or drug out from lack of energy. You use the hormone for a total of 24 days, while you are on a very low fat diet, that consists mainly of measured quantities of vegetables and meats. We give you a diet plan and recipes too. Once you have completed the HCG phase you transition to a diet higher in calories but still sensible. Both men and women can lose up to 20 pounds in a single month of dieting without feeling hungry! Call today 928-710-1971 for more information.



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### Jewelry Reflections



### A Little February History

February wasn't always the second month of the year. It started out as the last month in the Roman calendar. January and February were added to the Ro-

man calendar about 713 BC. Prior to that time Romans considered winter to be a monthless period. About 450 BC the Roman calendar was re-arranged, and February became the second month of the year. At certain intervals, February was truncated to 23 or 24 days and a temporary 27-day month was inserted immediately after February to realign the year with the seasons. The reforms that created the Julian calendar in 45 BC did away with the temporary month and created leap years which occurred every four years. During leap years, February gained a 29th day. The Julian calendar was replaced by the Gregorian calendar in 1582 which further refined how leap years and leap centuries are handled. The Gregorian calendar is the most widely used calendar today.

Februarius, the Roman name for February, comes from the festival of ritual purification Februa held on February 15 (full moon) in the old Roman calendar. The festival celebrated Spring washing or cleansing. The festival of Februa was later incorporated into Lupercalia, a fertility festival dedicated to the Roman god of agriculture. Lupercalia was deemed "unChristian" in the fifth century when Pope Gelasius replaced it with St. Valentine's Day. Over the years Valentine's Day became the day to celebrate love and romance.

February's birthstone is amethyst which symbolizes piety, humility, spiritual wisdom and sincerity. Amethyst, from the Greek amethystos meaning "not-intoxicated", was believed by ancients to protect against drunkenness. It is also believed if you place an amethyst under your pillow you'll have pleasant dreams – perhaps about the one you love.

Hope your February is filled with love.

- Lynn Schmitt

Lynn@SlinkyLynnxChic.com



### For Valentine's Day & Every Day

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- Mountain Artists Guild 228 N Alarcon St
- 'Tis Art Center & Gallery 105 S Cortez St (through February 14)
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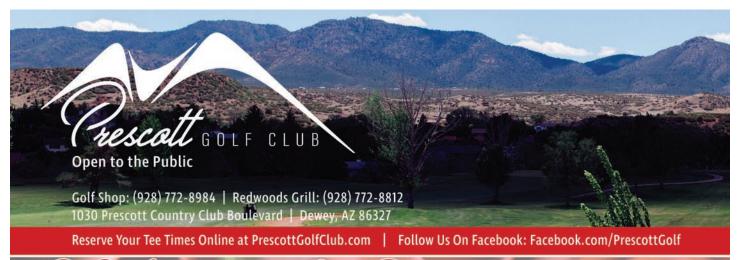
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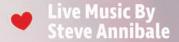
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- 3RD COURSE PROPOSAL
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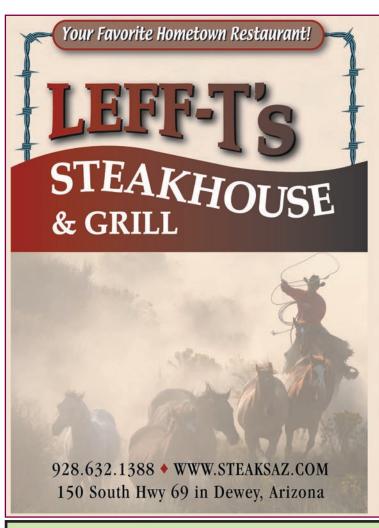
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### New Technology Abates Effect of 'Shutdown' on Real Estate Transactions

I remember the last government shutdown which lasted from October 1 -17, 2013. During this time, some 50% of sellers were banks and government entities like FHA/HUD and the A lot was different back then. The real estate and loan process was not as technologically advanced as it is today and many loans required tax transcripts to verify income and social security back ground checks on everyone. Mortgage transactions were delayed several weeks for both home buyers and homeowners doing refinances.

Though the shutdown is affecting more than just the buying and selling of homes, our industry has become less dependent on people and more reliant on technology. Technology is allowing us to provide a more predictable process while increasing the loan quality.

For the most part, the Government shutdown will not affect your transaction if you are getting a conventional loan and are employed by someone other than a government entity OR a company who relies on government contracts. Only if you are self-employed and a tax transcript is required MAY it delay your

If you are in process on a forward FHA loan, you too may not experience any delay in closing on your transaction. I am finding only those who require HUD assistance could be delayed because they are working on a skeleton crew with only a limited number of functions being performed. If you are in process on a forward FHA loan where HUD is the seller, it's possible you may be in a holding pattern for an unlimited amount of time, potentially even after the government re-opens. There are only select staff who work on these files and once the employees are back to work, they will be dealing with a back log of work. Patience and good communication is all you can rely on while navigating this type of transaction.

I have been hearing and reading about banks that are unable to fund Reverse Mortgages for both purchases and refinances. As of this writing, there are certain lenders who are direct endorses of HUD loans. This basically means they don't need HUD approval before closing, which means Reverse Mortgages are closing! Again because so much of the loan process has become automated unless you need a human being to fix something, your transaction should stay on track.

If you are involved in a VA transaction, there is very little to worry about. VA is not funded out of the Federal budget.

If you need flood insurance this may cause a delay regardless of the loan type.

Finally, if you are involved in a USDA transaction you may be waiting a long time before you close. All lenders require final approval through the GUS and so if your lender did not obtain that prior to the shutdown, you will be waiting until USDA is up and running.

Traci Ranic is a Mortgage Broker with Frontier Financial of Arizona and has been originating mortgage loans since 2001. Her office is in the Prescott Country Club on Old Chisholm Trail.

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### MJ Q & A - Legal Parameters of CBD

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**QUESTION:** Is the CBD product I am using legal?

**ANSWER:** Millions of people are using CBD and 10,000 plus retail shops sell CBD. It appears no one has the answer as to CBD being legal. The legal system is deciding on a case by case bases. With the passing of the US Farm Bill and Arizona legalizing Hemp as an agriculture crop many people believe this also means CBD is legal. Both the US and State programs specifically state as an agriculture crop associated with an authorized research group. Currently, retail shops and end users of CBD products are not discussed as part of the agriculture hemp crop movement.

The US Marijuana Act does exclude hemp products from Schedule 1 if made from the sterile seeds and stalk of the hemp plant, containing no more than .03% THC. That is why you can buy hemp seeds, hemp oil, and other products at stores. In 2017 the DEA raided several CBD manufactures, claiming the potency they are advertising would indicate the flower part of the plant is being used and is an illegal product.

If your CBD is being purchased online, from a legal adult use state, or being offered to you by a medical marijuana patient who bought it in a dispensary, it may be illegal CBD.

Make certain your CBD says "Hemp" and is .03% or less THC. If the THC is .05% (products from Colorado) that product is not legal in Arizona, unless you have a medical mari-





juana patient card. No state has legalized interstate commerce (crossing state boarders) yet CBD products are being mailed and packages confiscated in the US Post Offices.

Products that say "No THC" do not work as well as those products with a little THC. CBD/THC 50/50 pain rub works great for pain, but not legal in Arizona to possess or use unless you have a medical marijuana patient card.

To date, there is no state case law on people who have challenged the courts once cited or arrested for CBD products. Most people just take a plea agreement rather than be tied up in the legal system for three years. A plea agreement is costly and will include a fine, unsupervised probation monthly fee, rehabilitation through TASC, and drug testing at your expense until you complete the TASC program. Sadly, sick and injured people do not fight well. Rarely do they attend public meetings on important issues to be heard.

Due diligence is vour best defense. Know vour source. Look for lab analysis testing results to check CBD/THC percentages, also look for chemicals such as weed or bug killers, fertilizers, and mold, to make sure your product is healthy and legal for you to use.

This article is the view of the writer and not legal or medical advice. Submitted by MJ Consulting LLC. We help take the confusion out of the AZ Medical Marijuana Program, when possible.

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We are a locally owned and family operated Community Resource Center, NOT a dispensary. There is no marijuana at this location.

### **PCC Women's Golf News**

### Yay! February!

We're inching closer to the warmth of spring and the longer days for our games of golf. Yes, and it's the month of LOVE again, so try to dig up all the reasons that you love, love, love the game, and enjoy your hours on the course as it greens up and gets you ready for some great rounds!

12/18 Blind Nine Marge Simpson took 1st place with a Total Net of 37 in Flight 1 followed by Ann Marie Marano-Ciampi with a 40 for 2nd place. In Flight 2 Marsha Lafayette took 1st with a 36 followed closely by Sandy Gilderoy with a 37 for 2nd place.

**12/20 End Cut** Joann Schroeder took 1st place in Flight 2 with a 39 in a scorecard playoff followed by Dolores Wolfe in 2nd also with a 39. Sandy Mitchell was also in the playoff but came in 3rd. In Flight 1 Sandy Gilderoy took 1st in the scorecard playoff with a 36 followed by Mel Barnett also with a 36 for 2nd place. Barb Brown was also in the playoff and took 3rd place. After a very Merry Christmas and a Jolly New Year's celebration, the SNOW came and this time it stayed!!! A lovely winter wonderland held us off the course until...

1/8 9 Holes Net In Flight 1 Bobbi McDonald took 1st with a 34 and Marge Simpson took 2nd with a 36. In Flight 2 Nancy Brown took 1st with a 34 and Ronnie Wetzel took 2nd with a 35.

1/10 Mutt 'N Jeff Ronnie Wetzel won Flight 3 with a 33 followed by Catherine Forthun in 2nd with a 34. In Flight 2 Mel Barnett took 1st with a 29 and Vicki Trillo took 2nd with a 32. Flight 1 was won by Bobbi McDonald with a 32 and Ellie Tanzer took 2nd with a 33.

Seriously, what do you love about our game? That first drive on hole #1 which you hit with such promise and optimism? Making it close or on in 2? The fresh air and sunshine that surround the beautiful landscape in which we get to play? Your first look at your putt when the optimism creeps in once again and whispers, "I can make this putt."? High 5's for great shots? Playing with a brand new club, trying out a new ball, or bringing a new skill you have "mastered" on the practice range?

Whatever it is you love about the game, let it fill you with a wonderful, positive attitude and make your game shine. Love it! It's lovely in February around here, we hope!!!!

;o) Perry





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- 2: Bruce Ortiz + William Bordner + Lawrence Barrett + Max Bishop 70
- 3: Dave Stacey + Clifford J. Bush + Lee Denning + Richard Pearson 70

January 2, 2019 Snowed Out

January 9, 2019 "Four Man, Two Best Ball" Low Net Best 2 Balls on each hole Foursome v. Field

Jack Sands/Allan Simons/
Max Bishop/Bl[Bob Wetzel] 123
William Bordner/Tim Algarin/
Gerald Markovich/Dave Stacey 126

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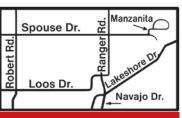
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Then, Tomorrow, (for only \$6.00) you can have a Scrumptious, Well-balanced Lunch (including salad, entrée, drink, dessert and extras) Delivered to Your Door! (No Age Restrictions) **NEW Home Delivery CLIENTS: Try our Lunches for 1 Week** (Pay for 4 lunches- get the 5<sup>th</sup> lunch Free) CALL CASA 'Happy' Meals-on-Wheels:

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Or check our Website: www.casapv.net for Daily Home Delivered & In-House Lunch Menus (In-House Lunches Only \$5.00 served 11-12:30 M-F)

### CASA KITCHEN CAFÉ

9360 E. Manzanita Cir. Prescott Vallev **NEW In-House PATRONS - \$2.00 DISCOUNT (1st time)!** 

### **CASA Schedule of Events for FEBRUARY**

#### **SUNDAY**

GACWSMA Meeting, Pot Luck & DANCE: FEB 10 - 12-4:00 Dog Food Distribution FEB 24 3-4:30

#### **MONDAY**

TAI CHI: 8:30-9:15 Baked Goods/Commodities ART & PAINTING 10-11 CASA Thrift Shop 10-3 CASA Kitchen Café 11-12:30 (Bill Garrett) Computer/Internet HELP 10-11 (Alan Krause) CASA Food Pantry: 12-3 Adult COLORING: 1-2:00 Gentle EXERCISE 1-2:00 Desert Rose Dance Rehearsal: 3:30-6:00 CLOSED: FEB 18

#### **TUESDAY**

Baked Goods/Commodities CASA Thrift Shop 10-3 CASA Kitchen Café 11-12:30 CASA Food Pantry: 12-3 BINGO 1:30 - 4:30 Have Fun! Win Cash! **HIGH % PAYOUTS** LINE DANCING 5-6:30

#### WEDNESDAY

Baked Goods/Commodities CASA Thrift Shop 10-3 CASA Kitchen Café 11-12:30 (Linda Herst) CASA Food Pantry: 12-3 POKER 12:30-4 PINOCHLE 5-9 DOG TALK 12:30-1:30

#### **THURSDAY**

Baked Goods/Commodities CASA Thrift Shop 10-3 CASA Kitchen Café 11-12:30 CASA Food Pantry: 12-3 Weight Watchers 6-7:30 Pinochle 12:30 DOMINOES JAN 10 1:00 Sweetheart & 90+ Party Feb 14 Desert Rose II-I Jerry Cotter – FEB 7 & 21 **BIRTHDAY Lunch FEB 21** FLEA MARKET SALE 8-1 2 DAYS FEB 28 - MAR 1 THURS (CONT.) FREE Blood Pressure CKS By Glassford Place FEB 14 & 28 Jerry Thomas Para-legal Svc 10:30-11:30 FEB 28 CASA Bd. Mtg 1:00 - FEB 28

#### **FRIDAY**

TAI CHI: 8:30-9:15 Baked Goods/Commodities Desert Rose Rehearsal 9:30-10:30

Piano Lessons 10:30 CASA Thrift Shop 10-3 CASA Food Pantry: 12-3 CASA Kitchen Café 11-12:30 POKER 12:30-4 Gentle EXERCISE 1-2:00 Greeting Card Workshop 10-11:00 FEB 8 PONY CANASTA 1-4:00 FEB 8 & 15 SCRAP BOOK Workshop 10-11:00 FEB 15 HAIRCUTS by Justina FEB 15 12-2:00 PEDICURES by CC FEB 22 8:30 -

**FLEA MARKET SALE 8-1** 2 DAYS FEB 28 - MAR 1

#### **SATURDAY**

**BINGO 5:30** Doors Open @ 4:00 **HIGH % PAYOUTS!** Church of God Meeting FEB 9 & 23

There's Always Something **Happening** at CASA!



### DAILY HOT BALL TICKET DRAWINGS!

Play BINGO @ CASA

Come Early for Lunch @ 11:30-12:30

coupon for 1 FREE BONANZA Card

Buy Lunch (Reg Price) & receive

TUESDAY: 1:30-4+

**SATURDAY: 5:30-8+** 

Doors open @ 4:00 pm

High % Payouts

Have FUN! -- Win CASH!

CASA Congratulates its BINGO Winners Who Received \$12,667.00 in DEC., 2018 AND \$162,061.00 FROM JAN 1 - DEC 31, 2018 18 & Over Public WELCOME!

9360 Manzanita Circle, Prescott Valley (928) 772-3337 www.casapv.net

Your Award-Winning Organization is Celebrating 36 Years of "Excellence in Community Service" Come Try Our Delicious Daily Luncheons! They are always Prepared with Love! Join your Friends for Fun, Food, Music & Entertainment in a Friendly Environment!

### Adopt Today!

### Dog of the Month

MY NAME IS BO and I am a 2-year-old, male Labrador Retriever Mix with a Fawn & White coat. I am the sweetest dog ever and the Shelter Staff have fallen in love with me. I am good with other friendly dogs, but I am not good with kids. I am a good protector of my property. I would love an active home where I can go for hikes and run off some energy.



I have been neutered, my shots

are current and I am house trained.

If you can give me a good, loving, indoor/outdoor FOR-EVER HOME with a fenced yard, I will be your BEST FRIEND and LOYAL COMPANION.

To meet/adopt me, please contact Marilu with Chino Valley Animal Shelter, 928-899-3035.

WOOF! WOOF!

### Cat of the Month

SAMMY is an adult Gray Tabby Feline with a beautiful short coat.



He found his way onto a friendly ranch where he was rescued. He gets along with other friendly cats. He is a super nice cat but is a bit timid until he gets to know you.

Sammy tested negative for disease, shots are current, he has been neutered and is litter box trained. If you can give Sammy a good, loving, INDOOR forever home, he will give you all the Unconditional Love he has to give and will PURR you a love song.

To meet/adopt Sammy, please contact Suzy, 928-848-6191 or email her at suzytazman@gmail.com You can also meet and visit Sammy at Kachina Animal Hospital (928-772-8225) where he being fostered.

Please help us find homes for our shelter animals.





### **LAW INCIDENT REPORT**

### Yavapai County Sheriff's Office PCC Monthly Area Incident Report

Any request for detailed reports of any incident must be made through the Yavapai County Sheriff's Office, Records Section at: www.ycsoaz.gov/forms.

For information about crime in your neighborhood go to: www. crimemapping.com. Crime reports are generally posted to this site within 48 hours of the completed report.

PLEASE NOTE: Governor Ducey signed into law HB 2383 which prohibits the publication of addresses in crime reporting to the public. Yavapai County Sheriff's Office Report for Prescott Country Club area.

To report animal problems, call Animal Control, Sheriff's Office.

### **DECEMBER 1, 2018**

	Occurred On	Report #	Address
<b>Abandoned Vehic</b>	12/26/18	18-046473	N Albino Trl
<b>Animal Noise</b>	12/13/18	18-044936	E Brahma Rd
	12/18/18	18-045535	Buena Vista W
<b>Animal Problem</b>	12/17/18	18-045443	Old Chisholm Trl
Family Fight	12/03/18	18-043610	E Buckskin Dr
Fire - Structure	12/20/18	18-045842	Black Angus Rd
Found Property	12/03/18	18-043655	Turquoise Dr
Information	12/03/18	18-043650	E Manzanita
	12/03/18	18-043729	Old Chisholm Trl
Suspicious	12/05/18	18-043869	E Turquoise Cir
	12/06/18	18-044061	Western Sunset
	12/28/18	18-046801	E Powderhorn
Theft	12/24/18	18-046365	E Manzanita Trl
Traffic Hazard	12/31/18	18-047316	ITA N Hopi Trl
Traffic Stop	12/05/18	18-043892	Turqu/Chisholm
	12/11/18	18-044687	PCC/Bronco Chute
	12/22/18	18-046065	Dog Groom Pk Lot
Wanted Person	12/15/18	18-045123	Buckskin
Weapon Offense	12/31/18	18-047321	ITA Durham Rd
Welfare Check	12/01/18	18-043415	N CochiseDr
	12/06/18	18-043993	E Western Sunset



or tour at anytime. Please give us a call, 928.759.0645 and visit us at... www.highdesertpetcremation.com

Sincerely, Paula Poitras

2500 Fifth St. Suite 8, Prescott Valley

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#### KITTY WHISPERER SITTING SERVICE.

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Original price was \$550 for this bicycle. Excellent condition. \$150. Call Ed at 602-370-2518.

For Sale, lovely brown leather reclining sofa. In excellent condition, from a non-smoking home, located in PCC. \$350.00 Call 928 710-7424

In need of babysitter for 4 month old girl. Looking for a caring individual who can provide care 3 days a week, approx. 6-8 hours per day and occasionally on an as needed basis. Willing to come to your home during the day or open to a sitter coming to our home located in Humboldt. For more information, please call Ashley at 928-899-8373 or email ashleyrdouglas@gmail.com.

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Please call for details on rates and submission of your company's ad art.

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Contact Jan at 772-0849 or email pccnews@pccnewsmonthly.com.

Articles run on a space available basis.

### Do you have room in your home and your heart for an animal needing a family?

United Animal Friends is a wonderful organization of caring people who rescue, shelter, bring back to health and comfort so many animals in our community and makes them ready for adoption to loving homes. Please call 928-273-7005, 928-379-1088, 928-772-7303 to inquire about the animals up for adoption.

United Animal Friends (UAF) is a 501(c)3 nonprofit group founded in 2003 by a group of avid animal lovers. Since our grassroots beginning, we have continued to grow in size and strength, while continuing to maintain our founding principles of rescue, volunteerism and compassion. Our programs improve the lives of cats and dogs by promoting compassionate care, adoptions, and spay and neuter. United Animal Friends' commitment to animals is cornerstone to the programs we offer and the way we operate our rescue mission.

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